



BHADA

Black Hills Area Decorative Artists



Jack's Rambles



October 2023

Issue 10

www.bhada.org

Oh my goodness...I hope you all had as much fun painting with Shara as I did. What a nice, relaxing weekend and I have my pieces varnished!! First time ever I think! We missed those of you who could not make it. Perhaps next year. Sandy LeFlore will be our guest teacher

Our Bunco party is fast approaching, Saturday, October 21, from 1-4p.m. at the Moose Lodge. Please check to see if you have any table favors you need to get to Linda K. or Nelda. Those will need to be stamped on the back before the party. Also, if you signed up for a Silent Auction item and have not turned it in you can bring it on that day. We should all be there early to help set up the room and don't forget lunch has gone up to \$7.

The committee for Spring Retreat has kicked into gear. This year Retreat will be held in White-wood on April 18, 19 and 20. Friday the 18th we will be able to get into the Community Hall around 4:30. The nursing school is there until then. We are looking into meal and room costs. When we receive that information we will get that out to you. The cost for the hall will be \$150 for the entire time. We are hoping to save some money on Retreat in order to have more in the budget for our Seminars. Please consider joining us in Whitewood. More info to

**It is time for 2024 dues.
(\$20.00 payable by Decem-
ber 1st). Can be presented at
the November meeting or
mailed to
Mary Zill
2027 Roosevelt Lane
Rapid City SD 57701**

come. 🌸 🌿 Blessings to all of you, love, *Jackie*



Happy Birthday!

Kimber 10/15

Lynette 10/13

Don't forget to get your free Flu shot, latest Covid booster, and the RSV vaccine. All are recommended to make a healthy winter for painting.

2023 Fall Seminar—Faces ~ Fun ~ Food ~ Festivities.



The wonderful, joyful Shara Reiner was our 2023 Fall Seminar teacher. Her designs always evoke smiles and colors that can be seasonal or used every day. Hearts, angels, checks, and bright colors were the focus of the designs for the weekend. The smiles say it all.





Bonnie W always has a smile for the teacher.

Lynette enjoyed herself as a student this time.

Luann and Janae share time with Shara.



A well-prepared teacher is a successful teacher.



Casual
shots of
painters
doing
what
they
love.



**2023 BHADA OFFICERS: President Jackie;
VP Membership Joyce;
Secretary Bonnie; Treasurer Mary; Newsletter Jo Ann**

No September or October Meeting. Don't forget the Bunco event.

It is time for 2024 dues. (\$20.00 payable by December 1st). Can be presented at the November meeting or mailed to

**Mary Zill
2027 Roosevelt Lane
Rapid City SD 57701**



A beautiful fall weekend for friendship and painting.



SHARING MEMORIES



One of my mottos is, if you have something good to say, say it. It is also ok to say it out loud, even if no one is around to hear you. Some might say it is a sign of diminished capacity if one talks to oneself out loud but I consider it to be re-enforcing a positive emotion. (I am also not denying my diminished capacity.) At the beginning of this past summer I thought the weather was lovely and I said so--out loud.

When we had our hot spell I didn't complain. Why bother complaining when it will have no effect on the situation. I could adjust by doing my errands in the morning and just staying indoors in the hotter part of the day.

Shortly, it turned really chilly--I mean sweatshirt in the house chilly. The temptation was to turn the furnace on for just a bit to take the chill off. But, it could get hot again--this is South Dakota, you know. I am philosophically opposed to running the furnace and air conditioner in too short a span of time. A little discomfort is not life threatening. Compared to other parts of the country and the world, South Dakota was the ideal place to live this past summer.

But there are occasions in life that are life-threatening and that do take a life. I am referring to those people who lose a young child at birth or shortly after. All the complaining in the world will not change things. The feelings of grief move in and make the present and the future seem dark and sad and permanent. We can understand that emotion--most have suffered loss of some kind. But as we look back, the kindness of friends made a difference. Even though we do not know the recipients of our memory boxes, the positive effect is the same. Something pretty has come into their possession, something from someone they don't even know. Their spirits begin to brighten and their hearts will warm whenever they hold the memory box over the years. It is heartwarming to the recipient and to the artist. BHADA is making a difference in this world. **Say it out loud!**



MEMORY BOXES ARE ALWAYS NEEDED

Decorative Painting Free Patterns Archive - Marika Moretti Designs

This link will take you to a plethora of free patterns and worksheets by Marika Moretti



BUTTER BUTTERMILK BISCUITS

ingredients:

2 cups all-purpose flour

1 tablespoon baking powder

1 teaspoon salt

1/2 cup unsalted butter, cold and cut into small pieces

3/4 cup buttermilk

Steps:

Preheat your oven to 450°F (230°C). In a large mixing bowl, whisk together the flour, baking powder, and salt.

Using a pastry cutter or your fingers, cut in the butter

until the mixture resembles coarse sand. Make a well in the center of the mixture and pour in the buttermilk. Stir just until the dough comes together.

Turn the dough out onto a lightly floured surface and knead it gently a few times. Pat the dough out into a 1-inch thick rectangle. Using a 2-inch biscuit cutter, cut out as many biscuits as you can and place them on a baking sheet.

Gather the scraps and pat them out again, cutting out additional biscuits until all the dough has been used.

Bake the biscuits for 12-15 minutes, or until they are golden brown. Serve warm. Enjoy!



Pasta Fagioli Soup

Ingredients

- 1/2 pound Italian turkey sausage links, casings removed, crumbled
- 1 small onion, chopped
- 1-1/2 teaspoons canola oil
- 1 garlic clove, minced
- 2 cups water
- 1 can (15-1/2 ounces) great northern beans, rinsed and drained
- 1 can (14-1/2 ounces) diced tomatoes, undrained
- 1 can (14-1/2 ounces) reduced-sodium chicken broth
- 3/4 cup uncooked elbow macaroni
- 1/4 teaspoon pepper
- 1. 1 cup fresh spinach leaves, cut as desired



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In a large saucepan, cook sausage over medium heat until no longer pink; drain, remove from pan and set aside. In the same pan, sauté onion in oil until tender. Add garlic; sauté 1 minute longer.

Add the water, beans, tomatoes, broth, macaroni and pepper; bring to a boil. Cook, uncovered, until macaroni is tender, 8-10 minutes.

Reduce heat to low; stir in sausage and spinach. Cook until spinach is wilted, 2-3 minutes. Garnish with cheese.

BHADA Committee Chairs 2023

Memory Box Program – Bonnie and Mary
 Membership - Joyce
 Hospitality – Deb
 Monthly Programs – Betty
 Ways & Means – Linda K, & Nelda
 Fall Seminar – Luann & Janae & Diane
 Spring Retreat 2023 – Bonnie & Deb & Diane
 Webmaster & Facebook – Jo Ann
 Holiday Exchange – Nelda
 Newsletter – Jo Ann
 By-Laws—Jackie
 Sharing Memories—Mary



Monthly Programs For 2023

January 21	Bonnie E. Vet ornaments
February 18	Linda & Sally
March 18	Egg Exchange Jackie
April 14, 15, 16	Spring Retreat
May 20	Diane
June 17	Betty
August 19	Deb
September 15-17	Fall Seminar {Shara Reiner}
October 21	Bunco Party
November 18	Jo Ann
December 17	Christmas Exchange- Everyone Bring Treats

HOSPITALITY LIST 2023

January 21	Janae & Luann
February 18	Connie & Deb
March 18	Sally & Diane
April 14, 15, 16	Everyone Brings Treats
May 20	Mary & Karol
June 17	Betty & Rita
August 19	Dorothy & Joyce
September 15, 16, 17	Everyone Brings Treats
October 21	Everyone Brings Cookies
November 18	Linda H. & Diane & Sally
December 17	Christmas Exchange-- Everyone bring Treats Installation of officers

The year is almost over. Time to be thinking about which committee or task to chair for 2024. Put your thinking caps on and your hearts to glowing with the anticipation of the new year to come.

